



MENTAL HEALTH AWARENESS POLICY

Policy# 24-0323-1 Mental Health Awareness Total pages= 1

Purpose: To have a policy to remind staff to be aware of the mental health of their fellow workers and of their own.

Justification: We recognize the effects this line of work can have on mental health.

Policy:

1. All staff should look for the signs of work-related stress and PTSD. (see item #5 for detailed description)
2. Staff should do a check-in with other staff members from time to time or after an extreme case.
3. Case debriefing will be scheduled as needed and mental health counselors will be made available as needed.
4. Consider requesting some mental health time.
5. Mental health resources are available in the Resource Folder on Onedrive: examples below:

<https://forensicrti.org/understanding-work-related-stress-mdi-professionals/>

<https://www.rti.org/impact/work-related-stress-among-medicolegal-death-investigators-mdis-national-survey-and-impact>

This policy has been approved and is in effect until further notice:

Ben Trotter DO

03/23/2024

Benjamin Trotter, DO, Coroner

Date